



## breakfasts available 7 – 11 am

### two eggs, any style\*

side of home fries, fruit, and toast choice of bacon, sausage, or ham 8

### three egg omelet\*

choice of vegetables and meats, toast 8  
substitute egg white +1 | make it a burrito +.5

### az breakfast bagel sandwich\*

choice of sausage or bacon, green onion, egg, salsa, pepper jack, on a bagel 6

### taylor ham breakfast sandwich\*

egg, american cheese, brioche roll 6

### ham, egg, and swiss croissant\*

egg, ham steak, swiss, sautéed bell peppers 6

### two buttermilk pancakes

choice of blueberry or traditional,  
choice of bacon, sausage, or ham 8

### french toast and berries

texas toast in a vanilla cinnamon custard topped with berries, choice of bacon, sausage, or ham 8

### nova lox and bagel plate\*

cream cheese, red onion, capers, tomato 9

### seasonal fruit and berry bowl

fruit and berries served with a bran muffin 7.5

## salads available after 11 am

all salads can be served as a whole wheat wrap

### bbq chicken chop

honey whiskey bbq grilled chicken, romaine, black beans, corn, tomato, cilantro, tortilla strips, monterey jack, cheddar, buttermilk ranch 7 | 10

### spinach, berry, and bacon

spinach, chicken, bacon, egg, strawberries, cranberries, walnuts, raspberry vinaigrette 7 | 10

### chop chop

turkey, swiss, cheddar, romaine, tomato, egg, bacon, red onion, cucumber, balsamic vinaigrette dressing 7 | 10

### spicy thai chicken chop

chicken, rice noodles, spinach, cabbage, edamame, carrots, scallions, roasted peanuts, cilantro thai peanut dressing 7 | 10

## sandwiches and such

available after 11 am

gluten free bread or roll substitute +.5

served with your choice of side | french fries, garden salad, caesar salad, sweet potato fries, fruit salad, chips, potato salad

### turkey cranberry walnut melt

turkey, bacon, cranberry sauce, brie cheese, grilled cranberry walnut bread 7 | 10

### kiva roast beef sandwich

cheddar, bacon, roasted red pepper, lettuce, tomato, herb mayo, nine grain bread 7 | 10

### tuna croissant

albacore tuna, sweet pickle relish, green onions, celery, cheddar, on a toasted croissant 7 | 10

### cranberry walnut chicken salad croissant

chicken, dried cranberries, walnuts, celery, tomato, green onion, lettuce, croissant 7 | 10

### b.l.a.t.

bacon, lettuce, avocado, tomato, cheddar, herb mayo, sourdough 7 | 10

### angus burger\*

half pound of certified angus beef burger, lettuce, tomato, onion, pickle 10  
cheese or bacon +1  
substitute boca veggie burger

### hebrew national hot dog

5.75 | sauerkraut +1

### nine grain veggie

cream cheese, spinach, cucumber, tomato, red onion, bean sprouts, avocado, bell pepper, sunflower seeds, pepper jack, nine grain bread 9

### teriyaki bowl

chicken, stir fried edamame, water chestnut, bell pepper, celery, onion, carrots, bean sprouts, house sauce, over jasmine rice 10  
substitute shrimp +1

not served with choice of side

 this item is gluten free

\*These items may be served raw or undercooked.

Consuming raw or undercooked meat, seafood or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.



**smoothies** 6  
reset protein scoop +1

**banana mango**  
with or without reset protein

**apple cinnamon**  
with or without reset protein

**lunches** available after 11 am

**balsamic salmon filet**  
broccoli, cauliflower, cabbage 12

**grilled southwest salmon**  
avocado, black beans, cilantro, onions,  
bell peppers 12

**smoothies** 6 | reset protein scoop +1

vanilla coffee

chocolate raspberry mocha

pineapple

**berry delicious**  
greek yogurt, strawberries, blueberries

strawberry banana

**coffee drinks**

coffee 1.75

**irish coffee**  
baileys irish cream 6  
jameson whiskey 8

mexican coffee 6

espresso 3

espresso doppio 5

**latte**  
hot or iced 3.5  
add caramel or  
hazelnut +.25

cafe breve 3.5

cappuccino 3.5

mocha latte 3.75

cafe macchiato 3.75

cafe con pana 3.5

americano 3.5

chai tea latte 3

**solaz melange**  
coffee, whipped  
cream 2

**drinks** 8

**bloody mary, caesar, or maria**  
vodka or tequila, celery garnish

**margarita mule**  
agave tequila, lime juice, ginger beer

**moscow mule**  
vodka, lime juice, ginger beer

**white sangria**  
banana, peach, grape, lemon, pear, lime

**make my day peach**  
vodka, sweet and sour, lemon lime soda,  
peach puree, fruit juices

**how you dew'ing?**  
melon liquor, lemon and lime juices, agave  
nectar, honeydew garnish

**screwdriver**  
orange juice with vodka

**margarita**  
frozen or on the rocks, traditional or strawberry

**draft beers** 4

**kilt lifter** scottish export ale  
four peaks brewing company | tempe, az

**good life ale** english style best bitter  
four peaks brewing company | tempe, az

**orange blossom** light wheat ale  
papago brewing company | scottsdale, az

**coors light** american light lager  
coors brewing company | golden, co

**more drinks**

**iced tea**  
unsweetened  
hibiscus, raspberry,  
cherry, peach 1.5

**sunny arizona soda**  
desert pear syrup,  
cherry peach syrup,  
grapefruit juice 2

**meyers  
lemonade** 2.5

**assorted hot teas** 1

**soda**  
coke, diet coke,  
coke zero, sprite 1.5