

## SALADS

- Roasted Beet & Gorgonzola \$10  
Chicken Caesar Salad\* \$10  
Asian Chicken Salad\* \$10

## SANDWICHES & WRAPS

- Trilogy Turkey Sandwich \$8  
Turkey, Bacon, Tomato, Onion & Avocado Mayo on Sourdough
- Chicken Salad Sandwich\* \$8  
Cranberry Walnut Chicken Salad with Romaine and Tomato on Wheat Bread
- Tuna Salad Sandwich \$8  
House Tuna Salad with Mixed Greens and Tomato on a Croissant
- Hurry Hero Sandwich \$8  
Ham, Salami, Capicola, Prosciutto, Provolone, Lettuce, Tomato, Onion and Pepperoncini's on a Hoagie Roll
- SW Chipotle Chicken Wrap\* \$8  
Grilled Chicken, Roasted Corn, Black Beans with Chipotle Cream Cheese, Cheddar Jack and Pico
- Mita "Club" Wrap \$8  
Turkey, Ham, Swiss with Lettuce, Tomato, Onion and Herb Mayo

## HANDHELDS

- Angus Burger\* \$11  
Lettuce, Tomato, Onion, Brioche, Fries  
Add American, Cheddar, Swiss, Provolone or Pepperjack +\$1
- 1/4 lb Hot Dog \$8  
Hebrew National Hot Dog & Fries  
Add Sauerkraut +\$1

# THE SHALLOW WELL

DAILY

11:00 AM – 4:30PM



\*consuming raw or undercooked meat, seafood or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. these items may be served raw or undercooked.