

starters available after 11am

braised beef sliders* 10

slow braised beef, smoked gouda, pickles, crispy tobasco onions, roasted tomato aioli, sweet hawaiian rolls

café chicken wings 6 (4) • 10 (8)

choice of buffalo, sweet thai chili, honey bbq or herb-parmesan
celery, carrots, bleu cheese or ranch dressing

steamed pork + vegetable pot stickers 9

asian pickled sweet cucumbers, sweet soy sauce

charcuterie board* mkt price

fresh cured meats, fine cheeses, seasonal accompaniments

light bites of the week

ask your server for weekly selection and price

salads available after 11am

turn any salad into a whole wheat wrap with a side

salad of the week

ask your server for weekly selection and price

sirloin steak + bleu cheese* 14 **gluten free**

6oz seared sirloin, greens, bleu cheese crumbles, avocado, red onion, tomato, cucumbers, roasted red peppers, bleu cheese peppercorn dressing

tuna niçoise* 10 **gluten free**

relish tuna salad, romaine, green beans, olives, capers, tomato, egg, house herb vinaigrette
sub grilled salmon +3

solaz caprese 10 **vegetarian + gluten free**

romaine, fresh mozz, red onion, roasted garlic, fresh basil, croutons, sweet balsamic reduction
add chicken +1 • shrimp or salmon +3

classic caesar* 10

romaine, grilled chicken breast, parmesan, croutons, caesar dressing • sub salmon or shrimp +3

chef's salad 10 **gluten free**

romaine, turkey, ham, swiss, cheddar, tomato, cucumber, egg, bacon, choice of dressing

bourbon bbq chicken 11

choice of fried or grilled chicken
greens, cucumber, tomato, shredded cheese, chili roasted pepitas, crispy fried onions, avocado ranch dressing

certified angus burgers

choice of sidewinder or sweet potato fries, chips, garden salad, fruit salad, coleslaw

lettuce, tomato, onion, pickle, brioche

hamburger* 10

cheeseburger* 11

bacon cheeseburger* 12

burger of the week*

ask your server for weekly selection and price

kids' corner 54 and under

grilled cheese + side 8

chicken fingers + side 9

pb&j + side 7

cheese crisp quesadilla 8

sour cream, salsa

*these items may be served raw or undercooked. consuming raw or undercooked meat, seafood or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

handhelds available after 11am

choice of sidewinder or sweet potato fries, chips, garden salad, fruit salad, coleslaw

sub gluten free bread +.5

cranberry + brie turkey melt 10.5

boar's head oven roasted turkey, cranberry sauce, brie, grilled walnut cranberry bread

croissant club 10.5

boar's head oven roasted turkey, bacon, baby greens, tomato, creamy avocado mayo

grilled sirloin* 14

6oz grilled sirloin, aged provolone, lettuce, tomato, sautéed mushrooms, caramelized onions, garlic aioli, ciabatta

solaz chicken & prosciutto panini melt 12

grilled chicken breast, prosciutto, smoked gouda, caramelized onion, fig jam, ciabatta

ham + cheddar panini melt 10

boar's head deluxe ham, vermont cheddar, tomato, red onion, roasted garlic mayo, ciabatta

turkey panini melt 10

boar's head oven roasted turkey, tomato, aged swiss, maple mayo, ciabatta

panini club 11

boar's head oven roasted turkey, shaved ham, bacon, tomato, dijon aioli, ciabatta

caprese panini melt 11 **vegetarian**

fresh mozz, tomato, walnut pesto & aged balsamic, ciabatta

entrées

pacific rim 10 **vegetarian**

asian style sautéed vegetables, jasmine rice, house made sweet pineapple teriyaki sauce
add chicken +2 • salmon* or shrimp +3

garlic + rosemary chicken breast 13

sundried tomato, roasted garlic, fresh rosemary, lemon white wine brown butter sauce, fingerling potatoes

thai coconut chicken curry 13 **gluten free**

coconut chicken curry, seasonal vegetables, sticky rice

potato crusted salmon* 13

atlantic salmon fillet, crisp potato topping, honey dijon glaze, chef's vegetables, herb couscous

vegetarian's delight 11 **vegetarian + gluten free**

broccoli, cauliflower, roasted red peppers, asparagus, edamame, brown rice, roasted garlic tomato herb sauce

steak + broccoli* 14 **gluten free**

6oz sirloin, sesame red wine demi glaze, roasted broccoli, red onion, mushrooms, fingerling potatoes

dr. amy's smoothies

add scoop of dr. amy's protein powder +1.5

morning sunrise 6

carrot, orange, ginger tumeric lemon

refresh 6

apple, strawberry, banana

detox 6

golden beets, apple, ginger, lemon, orange, parsley agave

summer cool down 6

watermelon, pineapple, honeydew, orange, ginger



call to place an order in advance [623.215.6276](tel:623.215.6276)